

Emaho Foundation's  
Introduction to Buddhism 2008  
with Geshe Jampa

# BODHICITTA

Saturday, February 9 1-4 PM



[www.emahofoundation.org](http://www.emahofoundation.org)

Emaho Center is just south of McDowell Road, on the west side of Miller, in the Los Arcos Medical Plaza.

Emaho Foundation is a 501(c)3 organization led by its spiritual director ZaChoeje Rinpoche and a volunteer board of directors.

Bodhicitta, the compassionate mind that aspires to enlightenment, sees all beings as the essential catalyst for true happiness. Great compassion is the root of the Mahayana path, the vehicle that leads to the realization of our ultimate potential. It is said that if one has Bodhicitta every action no matter how small serves as a cause for great happiness.

Geshe Jampa will explain how to cultivate this great attitude within ourselves by following practical and traditional methods of training and mindfulness.